



**Report for:
ACTION/INFORMATION**

Item Number:

Contains Confidential or Exempt Information	NO
Title	Children Looked After Annual Report 2019-2020
Responsible Officer(s)	(EDG Officers only)
Author(s)	Dr Tamsin Robinson, LAC Designated Doctor, Andrea Edwards Lac Designated Nurse, Carol Yates, HOS LCT
Portfolio(s)	Cllr Nagpal
For Consideration By	Corporate Parent Committee
Date to be Considered	17 th June 2021
Implementation Date if Not Called In	N/A
Affected Wards	None
Keywords/Index	Looked After Children Health Report 19/20

Purpose of Report:

The purpose of the report is the share with the Committee the details of the Health Support to Children Looked After by Ealing.

1. Recommendations

The report is for the Committee's information.

2. Reason for Decision and Options Considered

The report is for the Committee's information and any consideration of any feedback to the service to improve services.

3. Key Implications

- 3.1** The LAC Health Annual report at Appendix 1 was authored by the Designated Nurse, Andrea Edwards and the Designated Doctor, Tamsin Robinson. For the first time, the health annual report covers the combined 8 boroughs who are part of the Trusts reorganisation. The Health report (Appendix 1) covers details specific to Ealing at 9.4 in relation to the work undertaken by the LAC Health Team and at 10.3 in relation to changes to the health offer.

3.2 In addition to the Health Report the following areas of work are of note.

3.2.1 Data for 19/20

At the end of year there were 332 looked after children in Ealing and 279 Care Leavers.

There are a number of returns submitted annually to the DofE in relation to Children Looked After and Care Leavers Health.

Table of DofE annual data returns

Health of CLA on the CLA Register for longer than 12 months	2018/19	2018/19	2019/20	2019/20
No. Of Children with up to date Medicals RHA	216	93%	220	97%
No. Of Children with up to date Dentals	196	85%	210	93%
No. Of Children with up to date Immunisations	203	88%	204	90%
CLA for 1+ Year	230		226	
Number of children who had been looked after for at least 12 months, and aged 4 and under	-	-	8	100%

3.2.2. Review Health Assessment for Looked After Children

This is an annual health assessment for all looked after children undertaken by the LAC Health Team in Ealing, the LAC Health Team in the area in which the child is living or the child's GP. From 2018/19 there was a 4% increase in Review Health Assessments completed within the year bringing the 19/20 figure up to 97%.

3.2.3 Health Action Plans (HAP)

97% of young people have a HAP plan that is written by the LAC Health Team post their Review Health assessment. The 3% who have not had this assessment do have an overview at their 6 monthly statutory LAC review regarding any health issues that may be arising for them.

3.2.4 Dentals

Dental check-ups are required annually as a minimum for looked after children. Work was undertaken this year to target those who had not had a dental appointment the previous year and those who expressed anxiety about having a dental appointment. This increased our percentage to 93% which was an increase of 8% from the previous year.

3.2.5 Immunisations

The immunisations of looked after children are updated annually with any new immunisations being added. The risk groups for immunisations are those children coming into care as Unaccompanied Minors where no history is available and those who are in educational transition prior to their school booster immunisations. For those who have no health history a plan via their GP, is set up to have all immunisations undertaken as part of their HAP plan.

3.3. Care Leavers Health Passport/Summaries

The Care Leavers Health Summary acts as review of the child's health history whilst in care and a copy is kept on their social care file, the young persons GP health file and a copy is offered to the young person themselves.

The Ofsted Inspection in November 2021 noted that young people they met did not have a good understanding of the Care Leavers Health Passport/ Summary and at that time 100% of young people had declined the offer of a copy of their Health Summary at their last LAC Annual Health Review. It should be noted that the document was not written up at the time of the offer but would have been sent on at a later date.

A review was undertaken of when and how young people were offered the Summary and a system set up within Social Care to contact young people 18 plus on a regular basis, to see if they would wish to receive a copy of their Summary and explaining where the document is stored if they wish to receive it in the future. This direct contact has had significant impact and 95% of young people were contacted and 137 young people (over a third) have accessed a copy of their health summary. There is further work currently taking place to improve the document.

3.4 Strengths and Difficulty Questionnaire (SDQ's)

The SDQ is a tool that is completed by the child/young person, the carer and school and is triangulated to give an overall numerical score of emotional wellbeing. A higher score would highlight that the child or young person had possible unmet needs and enables a review of the interventions in place.

SDQ Table

NI58 - Emotional and behavioural health of CLA SDQ's	2019/20	2018/19
Average SDQ score of all in Ealing cohort	13.00	12.8
SDQ Score returned in the year	178	169
#CLA for 1+ Year aged 4-16 yrs	181	179
%	98%	94%

Scores between 0-13 means that clinically significant problems in the emotional needs are unlikely.

Scores between 14 –16 means the score is slightly raised which may reflect clinically significant problems.

Scores between 17-40 means the score is high. There is substantial risk of clinically significant problems in this area.

The return as an average of the LAC population in a borough is an indicator of the service's ability to meet children's emotional needs on an ongoing basis and to have effective interventions in place to meet needs. Ealing sits within the lowest category of unmet need.

3.5 Emotional Health/ Psychology input

The Brighter Futures reorganisation in Ealing Children's Service in 2016 saw CAMH's Tier 2 psychologists embedded within the Social Care teams, including the teams for looked After Children and Care Leavers. This has been highly successful and instrumental in the increase in placement stability figures and in the decrease of the LAC population over this time.

The trauma-based model of working aims to improve the outcomes for children and young people leaving care.

A twelve-week ART Therapy course was provided for Unaccompanied Minors and Asylum-seeking Care leavers and was supported by the Horizons Centre, Leaving Care Team and the Team Psychologist. 12 young people attended these sessions.

We were successful in our application for a Government bid from the Migration fund to support looked after Children and Care Leavers who arrive in the UK as Unaccompanied Minors with addressing mental health needs at the earliest opportunity. This has enabled us to recruit to an additional Psychologist and an

outreach worker with an aim to develop a screening tool for Mental Health needs and individual and group sessions for this vulnerable group.

The Health report for 20/21 will be submitted at the next corporate Parent Committee.

4. Financial

a) Financial impact on the budget (mandatory)

No financial Implications.

5. Legal

The support for the Health of Looked After Children is governed by the Children Act 1989, Children Leaving Care Act 2000 and Children Act 2004 and the Statutory Guidance Promoting the Health and Wellbeing of looked After Children 2015

6. Value For Money

The LAC Health Team is reviewed by Health Partners. It provides support to Looked After Children and Care Leavers aged 0-25 years.

7. Sustainability Impact Appraisal

N/A.

8. Risk Management

None.

9. Community Safety

None.

10. Links to the 3 Key Priorities for the Borough

A healthy and great place.

The report relates to children and young people to whom Ealing have Corporate Parenting responsibilities. The services provided to ensure the good physical health and emotional wellbeing of our children and young people ensure that children grow up healthy and contribute to making Ealing a great place to live.

11. Equalities, Human Rights and Community Cohesion

EAA not required for this report by Health. The service is used by all children and young people who are looked after or using leaving care services.

11. Staffing/Workforce and Accommodation implications:

None.

13. Property and Assets

If the report does not involve property, please state that there are no property implications.

There are no property implications.

14. Any other implications:

Anything else that seems appropriate, including impact on front line services and Area implications. Please keep to one paragraph.

N/A

15. Consultation

The content of the Appendix 1 Health report has been presented to the NHS North West London collaboration of Clinical Commissioning Groups

16. Timetable for Implementation

N/A this is an annual report on the health of Looked After Children 2019/20.

17. Appendices

If appendices are essential to the understanding of the report, list titles here.

Appendix 1. NHS North West London Clinical Commissioning Groups report Children Looked After Annual Report 2019- 2020

18. Background Information

(This is a statutory requirement – please include the public documents referred to in writing the report, officer research and advice documents which Members or Members of the Public may request from the report author).

Consultation (Mandatory)

Name of consultee	Post held	Date sent to consultee	Date response received	Comments appear in paragraph:
Internal				
Carolyn Fair	Director Children and Families	2/6/21		
Cllr Kamiljit Kaur Nagpal				
External				

Report History

Decision type:	Urgency item?
EITHER: Key decision OR Non-key decision OR For information (delete as applicable)	Yes / No (delete as applicable) [Is it a general or special urgency key decision, which was not included in the Forward Plan with at least one month's notice ?] If yes, set out the reasons both why the item was not included and why a decision cannot be deferred.
Report no.:	Andrea Edwards Designated Nurse for Looked After Children