

Appendix 3 - Action plan – Arising from issues raised by children and young people aged 11 – 21 plus in recent LAC/Care Leavers Survey.

Be healthy

1. Develop a health information pack for young people which they receive at their annual health assessment re healthy eating and exercise and smoking and substance misuse and healthy relationships.

Action : LAC Nurse and LAC Health Team

October 2014

2. LCT to meet regularly with the Easy Project and Safe substance misuse services for LAC re planning for preventative work and also working with young people with known substance misuse issues.

Action: Evette Grant

September 2014

3. Implement actions identified in the Vulnerable Care Leavers Action plan on Emotional health, including self-harm and suicidal ideation .

Action : Evette Grant and Penney Malecaut

December 2014

Staying safe

1. Ensure that the issue of bullying is raised at each LAC review through discussion with Aidhour

Action: Carol Yates

September 2014

2. Ensure staff are aware and trained in issues of cyber bullying and have access to materials and strategies to support carers and young people.

Action: Carol Yates

November 2014

3. Information to be sent out to all LAC and Care Leavers on how to deal with cyber bullying.

Action: Evette Grant

September 2014

4. Implement actions arising from the Vulnerable Care Leavers action plan including DV, missing from care, CSE and youth offending/ gang involvement issues.

Action Carol Yates and Evette Grant

December 2014

Enjoy and achieve

1. Levels of physical activity and hobbies to be discussed at LAC reviews/ PP reviews and health assessments with a view to supporting increased physical activities and a wider range of positive activities for all LAC and Care Leavers.

Action: Aidhour

September 2014

Economic well being

1. Continue dialogue with Housing to develop a wider range of suitable options of affordable housing available to care leavers

Action: Carol Yates

December 2014

2. Ensure LCT workers are equipped to undertake assessments and teach budgeting skills to care leavers.
3. Implement actions arising from the Vulnerable Care Leavers action plan to better target and support young people who are NEET.

Action: Gary Odle

February 2015

Making a positive contribution

1. Hold a joint training day with LAC and Leaving Care social workers and IRO's; devised and run by young people. Also include the training section in developing a better understanding of what makes a statutory lac /pathway plan review meaningful to children young people .

Action: Gary Odle, HSCC and Junior CIC , Jill Pearce, Sally Obado

September 2014

2. Ensure young peoples' views are recorded and clearly reflected in their care plans and pathway plans

Action: Evette Grant, Christelle Burger and Shirley Feshitan

October 2014

3. Ensure that children and young people receive details and that they understand how to make a complaint and access advocacy. Complaints info to be reviewed, updated and re circulated to all LAC/Care Leavers and an increased awareness campaign to be led by the CIC.

Action: CIC and Gary Odle

September 2014

4. Ensure children and young people receive information in relation to their rights and ensure social workers and IRO's have a full awareness of those rights, entitlements and responsibilities.

Action: Carol Yates, Aidhour and Training **November 2014**